



## Combination Play & Movement in Final 1/3

**Category:** Tactical: Combination play  
**Difficulty:** Difficult

Continental FC, Philadelphia, United States of America  
Individual-Adult Member

### Description

- Working with the attacking players to create combinations & opportunities in attack
- Build an understanding of the movements and supporting runs of the attacking group
- Execute and finish with a shot on goal

### 2v1 Combinations (15 mins)

#### Setup

2 x 15x30 area

#### Organization

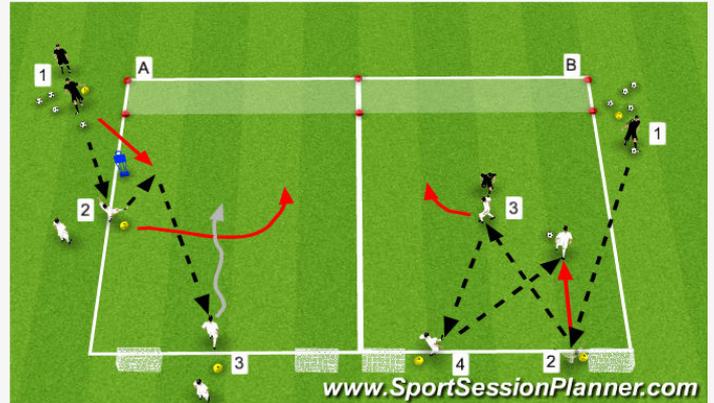
A) Ball starts with player 1, the defender. Ball is passed to player 2 who plays a wall-pass around the dummy and finds player 3. Player 1 continues run to pressure player 3. Player 3 dribbles out with the ball, player 2 overlaps to make 2v1. Ball must be dribbled into the endzone to score. Defender counter attacks to mini goals.

#### Progressions

B) Ball starts with player 1, the defender. Ball is passed to player 2 who plays a wall-pass with player 3 who finds player 3. Player 3 spins off into space, player 4 plays in player 2 to make a 2v1. Ball must be dribbled into the endzone to score. Defender counter attacks to mini goals.

#### Coaching Points

- Quick, precise passing
- Aggressive dribbling
- Timing and angle of support runs



### Overlapping & Combinations (15 mins)

#### Setup

Half Field Area

#### Organization

Complex 4 Player Combinations - Player A starts with the ball and plays to B, then continues their run. Player B plays a wall pass with player X before playing to player Y. Player X spins off and overlaps into space. Player Y passes to player A and continues their run. X plays a through ball to the overlapping X. Now, both X & Y create a 2v1 in the box with the defender. A & B stay in the middle and it repeats from the other side.

#### Progressions

- Start with simple combinations building up to the above, for example :

A passes to X... X passes to B... B passes to Y. Y dribbles forward playing through to X who overlaps into the box.

#### Coaching Points

- Timing and correct angles of passes and runs
- Accuracy and weight of passes are vital
- Changing pace with and without the ball
- Cooperation of the players
- Harmony of movements
- Keep the ball on the ground
- Do not stop the ball, keep the ball moving



## 4v2+1 Combination Play (25 mins)

### Setup

Half Field Area, 20x30 box

### Organization

Players play 3v3 in the box, plus two wide players (#2 & #3) for white, plus C as a neutral player. White always starts in possession. Once they have made X number of passes they play forward, #10 breaks out of the box along with #2 & #3 to support, to make a 4v2 to goal. If blacks wins the ball they play to C to score.

### Progressions

- Black can send another defender to make it a 4v3

### Coaching Points

- \* Coach various scenarios within the 2-4-1 system of play
- \* Focus on the movement of #9 and support runs of #10, #2 & #3.
- Timing and correct angles of passes and runs
- Accuracy and weight of passes are vital
- Changing pace with and without the ball
- Understanding of the players



## 6v5 End Game (25 mins)

### Setup

3/4 Field Area, 1 full size & 2 small goals

### Organization

6v5 Game + keeper. Defending team plays to small goals. Blue player is a neutral player.

### Progressions

- Lift conditions and play unrestricted 6v6 game

### Coaching Points

- \* Coach various scenarios within the 2-4-1 system of play
- \* Focus on the movement of #9 and support runs
- Timing and correct angles of passes and runs
- Accuracy and weight of passes are vital
- Changing pace with and without the ball
- Understanding of the players

